

# KAILUA RACQUET CLUB

629 Oneawa Street, Kailua, HI 96734 Tel: (808) 263-4444 Office Hours 8:00-12:00 noon, Mon – Fri  
www.kailuaracquetclub.com ~ BNTA 262-2057 Written by General Manager Bruce Nagel

## MARCH 2011

### Pacific Tennis Challenge At the Hilton Waikoloa Big Island, Hawaii ~ June 15 - 19

Hey there fellow tennis players. How about a tennis retreat right here in Hawaii? Spend a few days with Tom Gorman? Sounds like a wonderful opportunity! If we get enough KRC members to go, I'm going too! Let's do it!!!

#### Tennis Package includes:

- Four-nights deluxe accommodations at the Hilton Waikoloa
- Three tennis clinics with Tom Gorman and staff and unlimited court time
- Welcome Reception, Lunch and Awards Dinner
- An opportunity to experience a top notch tennis vacation while making new friends at the beautiful Hilton Waikoloa on the Big Island of Hawaii

#### Double Occupancy:

\$990.00 per person flat rate

#### Tennis Package without hotel:

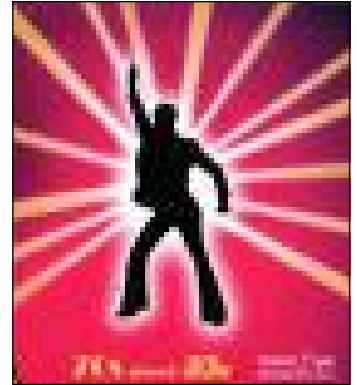
\$675.00 per person flat rate

#### Registration Deadline:

March 31

Please see details at the sign up board at the clubhouse

### Disco Fever Comes to KRC!!! April 9-17 Spring Fling Tournament



Get ready for our big **Spring Fling tournament, "Disco Fever"**. You are not going to want to miss this week of big time fun.

Sign up NOW on the window of the clubhouse next to the Court Reservation board.

Here are the details:

- **Draw Party and Disco Dancing: Sat April 9<sup>th</sup>**
- **Practice Nights: Mon April 11 - Fri April 15**
- **Pupus: Tue April 12 - Thu April 14**
- **Tournament: Sat April 16 - Sun April 17**
- **PARTY: Sun April 17 at 3:00pm**
- **Cost: \$60 player**



### You make the call....

In a tough league match, our team was up 4-2 in what they thought was a 12 point tie-break to determine the first set. As they were changing ends a teammate reminded the players that they should be playing a 9 point tie-break instead of a 12 point tie-break. Their jaws dropped, and almost simultaneously said "Huh! What should we do?" Should they change it now to a 9 point tie-break or should they just finish the set with a 12-point tie-break?

You make the call....

## Welcome KRC New Members...



**Steve & Dana Fisher**  
(Returning Members – One Year)



**Hilary & Chris Wendel**  
(Off Island Members)



**Tina Craveiro**  
(Junior Member)



## Zumba Dance Fitness at Kailua Racquet Club!



Hi everyone, I am **Fe Bailey** a formal fitness/holistic Instructor originally from Venezuela who very recently moved to Kailua from California.

*I believe that there are some short cuts to joy and happiness, and dance is one of them! That's why I want to bring Zumba to the Kailua Racquet Club Community!*

ZUMBA® is a Latin-inspired, dance fitness class that incorporates Latin and International music and dance movements, creating a dynamic, exciting fun and effective physical workout. Besides all these, when you come to my class you will feel empowered, you will find home in your body, open up and express through movement!

Join me on **Friday March 18th at 6:30 pm** for a 15-20 minute demo. So you can have a taste of it. Looking forward to dance with you!

*Fe Bailey  
Holistic Practitioner and Instructor  
GIA Wellness Independent Consultant  
Promoting Growth, Inspiration & Abundance  
Dance Instructor*

## Shaded Seating Area

This year we plan on adding to the shade shelters to Courts 8, 3 and 1.

The following article is from the December 2003 newsletter when the idea was first conceived...

*While we were setting up to do construction work on courts 6 and 7, we also began work on a new sitting area for court 7. This project evolved from first having a pole structure with an awning, then to a real roof and heavy support beams with similar architectural features as the clubhouse and lanai.*

The shaded seated area on court 7 was a gift to the club from the Bruce Nagel Tennis Academy's Women 's Night Doubles.



## Answer to, You make the call....

As a basic rule in tennis, all points played in good faith, stand as played, and any mistakes in the scoring system are corrected in the next game. This also applies if you played a 12-point tie-break instead of a 9-point tie-break. If you are in the middle of a 12 point tie-break when you realize that you should be playing a 9-point tie-break. Too late to change. Finish the 12-point tie-break, and make corrections for the following sets.

## More KRC News ....

### #1 Court Rule: Please Sign Guests in BEFORE Play!

Guest fees are \$5 on weekdays and \$8 on weekends. A non-member may play at the club as a guest up to 3 times a month. The Guest Register and Ball Machine are located next to the Court Reservation Board. Please sign your guests in before play. I know that sometimes we forget and sign our guests in after playing, but please, try to remember to sign them in **BEFORE** play. It would be greatly appreciated. Thank you!

### #2 Court Rule: All players must be present and ready to play before signing up for a court or putting your name on the "Wait List."

Here is real life scenario. See if you can get the correct answer: Around 5pm on a busy weekday afternoon 3 players of a foursome were at the club with their sneakers on and ready to go. Their 4<sup>th</sup> had arrived early and was on the court just finishing up a set with another group. All the courts were being used, so the 3 put their name on the "Wait List" and signed up for "rally"\* However, by the time their name was at the top of the "Wait List" and a court was available, their 4<sup>th</sup> was ready to play so they signed up for the open court and wrote "Doubles". Can they do this? You make the call.....

Answer: No. For the threesome it is perfectly correct for them to put their name on the "Wait List" with "rally" checked off. When a court opens up for them, they could do 2 on 1, and could even let their 4<sup>th</sup> join them to rally. However, if they decide to change from "rally" to "doubles", and if there is still a "Wait List", then they need to return to the Court Reservation board and put their name on the bottom of the "Wait List" because they were not waiting to play a set, they were waiting to "rally", and when they signed up for the court all players were NOT present and ready to play doubles. I am sorry, but there is no way around it... All players must be present and ready to play before signing up for a court or putting your name on the "Wait List." Did you get it right?

\*If you check off "rally" on the Court Reservation board, you have the court for 30 minutes and can play or drill however you like.

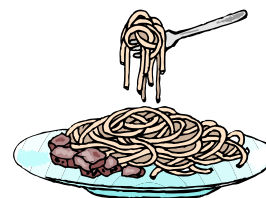
### KRC Mixed Doubles Championships March 25-27



Sign up now for this year's KRC Mixed Doubles Championships. This is the only mixed doubles tournament we hold that you pick your own partner!

- Sign ups posted on the bulletin board next to the Court Reservation Board
- Divisions of A, B and C
- Cost: \$15/team
- Play begins on Friday night with the finals on Sunday
- Entry deadline: March 21

### Tip of the Month The serve: Think Pasta to hit Fasta



To generate power on the serve, your arm, wrist, and shoulder should all be loose. Only when you are loose can you really generate the racquet head speed that you need to hit a hard serve. Imagine that your arm is a piece of cooked spaghetti. Dangle your arm at your side before you serve and see if you can make it move like a wet noodle. This will help to keep your serve smooth and powerful. If you want to hit fasta, think pasta....

### 2011 KRC Board Members

Ed Broglio	President	ed@hawaii.rr.com
David Rosen	Vice President	drosen@hawaii.rr.com
Don Armstrong	Secretary	Darmstrongpers@aol.com
Chickadee Moniz	Treas.	chickadeemoniz@hawaii.rr.com
Sissy Aaron		sissy@mac.com
Bo Alexander		bbalexan@hawaii.rr.com
Margaret Peebles		margaretmaru@yahoo.com
Rufus Venters		rufus@account-abilitybookkeeping.com
Peter Wagner		pwagner@hawaii.rr.com



**Congratulations to Captain Kathy-Esposito Mason and the "Age Spots" for ending their regular season undefeated and winning their division in the current USTA 4.0 Women's Senior League. In the Oahu play-off finals, yet to be held, they play another KRC team: Captain Mary Burris's "KRC Lokahi". I am reasonably sure that a KRC team will win the Oahu play-offs! Way to go KRC!!!**

## DINNER FOR TWO At Kaminski's Café

Do you know anyone that may want to be a new sponsor for this year's Blue Moon Men's Night Doubles? If you pass on contact information to Chairman Ed Broglio and if it results in a new corporate sponsor at the \$800 level or above, then you will be rewarded with....a delicious dinner for two at Kaminski's Café.



### *Chef's Corner* by David Kaminski

**Hours:**  
**Fri: 5:30pm-8:30pm**  
**Sat: 11:00am-4:00pm**  
**Sun: 9:00am-2:00pm**

Aloha everyone, and thanks to all who are making Friday nights at the Cafe a great night to eat out and socialize with friends with these warmer evenings. Your KRC "beverage manager" (also known as my wife, Stephanie!) wants to let you know the Cafe has some new additions. Heineken beer is now a draft pour in chilled pint glasses so *stay thirsty my friend*. A new wine addition is Castle Rock Pinot Noir from California. The wine is an

exceptional balance of rich flavors with a smooth finish. The way this year is leaping by, I want to give everyone a heads up about our famous annual KRC Easter Brunch in April. Circle the date to attend: Sunday, April 24. There will be a sign up sheet at the Clubhouse the first of April, or you can call me to make a reservation for yourself or for your family and friends. The Cafe will be closed prior to the brunch on Good Friday, April 22. I'm planning to make this year's Easter Brunch EGGstra incredible because you deserve the best. In the next newsletter, I will let you know the menu and fun happenings that will be planned. It's always a wonderful day, especially for the children, and also for adults who refuse to grow up!

Till then, happy eating, Chef David



**Get ready for this year's Easter Brunch, Sunday, April 24. Here we see Easter bunnies readying themselves for the hunt**