

Dear Kailua Racquet Club Members and Tennis Fans Around the World,

**4** important messages for your.....

## **KRC WEEKLY UPDATE!!**

**1. Allen Fox, probably the world's leading authority on the psychological aspects of tennis, will be giving a presentation at the best club this side of the Mississippi on Friday, May 6 at 6:00pm, in the clubhouse.**

On the bulletin board we have a flyer giving a detailed description of his background and his accomplishments which include winning the NCAA Tennis Tournament and reaching the semi-finals at Wimbledon. If you would like to meet Dr. Allen Fox and attend his presentation, sign up on the bulletin board by the clubhouse. Afterwards he will join us for dinner!

**2. Congratulations to KRC junior members Marcel Chan Jr. and Scout Shutter!**

In the recent ILH Tennis Championships Scout finished 4th in Girls Singles and Marcel and Roman Kop of Kamehameha won the Boys Doubles and will play for the State title in Maui next week. Good luck!

**3. May is FREE ZUMBA month!**

No kidding!! Please join us Thursdays at 11:30 on the lanai for a fun workout with Fe Bailey, our Zumba instructor. The club is usually empty at 11:30am, so don't be shy!

**4. Friday Night Dinner Menu, April 29, at Kaminski's Cafe**

Don't forget that you can always order "to go". If you want it ready, call Chef Dave: 258-6216!  
5:30PM - 8:30PM

### **Vegetarian Delight!**



**Fresh roasted zucchini and roasted red peppers tossed with spaghetti noodles, mozzarella & ricotta cheese. Baked topped with Chef's Basil Garlic Marinara Sauce**  
Served with House Salad

\$12



**Roasted Chicken Breast with Fresh Asparagus and Hollandaise Sauce**

Herb marinated roasted chicken breast, fresh asparagus  
topped with creamy hollandaise sauce  
Served with lemon garlic rice and house salad  
\$18

 **14 oz. USDA Choice New York Steak**  
**Char-Broiled to order**

Choose your way:

**Pepper** (fresh ground black pepper)

**Teriyaki** (topped with teriyaki glaze)

**Garlic** (topped with fresh grilled garlic)

Served with French Fries & House Salad  
\$22.

 **Beer Batter Fish & Chips**

Served with caper tartar sauce & House salad  
\$18

Welp, that's it for now sportsfans! We will look forward to seeing you at the best club this side of the Mississippi.

Sincerely,  
Bruce Nagel  
General Manager  
Kailua Racquet Club  
Kailua, HI 96734  
(808) 262-2057

Would you rather not receive these KRC WEEKLY UPDATES? There are two ways to get off of our list: 1) Write your name on the outside of a box of dozen fresh malasadas from Agnes Bake Shop and deliver to the club while they are still hot or 2) just let us know!